

HOT TREND PREGNANT? GO ON A BABYMOON!

PG 96



Young parents

(MAGAZINE
OF THE YEAR)

(CONSUMER MAGAZINE
OF THE YEAR)

THE ENRICHMENT ISSUE

ONE CLASS TOO MANY?

ARE THEY BOOSTING
HIS DEVELOPMENT,
OR JUST WEARING
HIM DOWN?

- * From riding to robotics – coolest courses for children
- * Do-it-yourself enrichment? Yes, you can!

**NEW
HEALTH
SERIES**

"HIS BED SHEETS WERE STAINED WITH BLOOD"
Expert tips to manage your kid's eczema

WHERE'S THE MAID?
Keep your tot happy while she's away

Exclusive

**CNY RECIPE:
MAKE PEN CAI
FOR BABY**

PG 114

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EAT

● **IF YOU WANT A BREAK FROM THE KIDS**, head to the newly opened District 10 with Hubby. The laid-back atmosphere in this bar-restaurant will loosen those knots. Warm up for a feast with the Jumbo Crab Cake (\$19), and move on to their signature Hoegaarden Battered Fish and Chips (\$18) – the melt-in-your-mouth texture of the fish within a lightly crisped batter makes this a must-try. Finish your meal with the tangy and refreshing Pavlova (\$12). At #01-15/16/17 UE Square. Call 6738-4788 for details.



● **IF YOU WISH THE KIDS WOULD EAT BROWN RICE**, ask for it when you order your meal at Rakuzen. Imported from Japan, it's milled on the premises and tastes delicious with dishes like the tangy Fire Mackerel (\$16) and Okonomiyaki (\$10), a Japanese vegetable pancake. Best of all, the restaurant allows you to change from white to brown rice for free. If you love it, buy a packet (\$12 per kg) on your way out. Check out its new branch at #01-01A NTUC Income Tampines Junction. Call 6786-8484 for details.



● **IF HUBBY IS CRAVING A MANLY MEAL**, take him to Pepper Steakhouse and Bistro to have his fill of quality meats brought in exclusively from boutique estates. A must-try is the New Zealand Firstlight Grass Fed Wagyu (from \$49 for 220g, depending on cut and marbling), which is perfectly succulent and tender. There's also a kids' menu that includes items like Spaghetti Bolognaise (\$9) and Fish 'N' Chips (\$9). At #01-66/67 Great World City. Call 6887-3229 for more info.

● **IF YOU'RE CRAVING ICE CREAM**, treat the family to the Eat-all-you-can Ice Cream and Dessert Buffet at Swensen's Ion Orchard (#B1-31). Choose from over 50 flavours and more than 40 toppings. Customise a sundae at the Chop Shop counter and leave room for waffles, cakes and the chocolate fountain. Available daily, it costs \$18.90++ for adults,

and \$13.90++ for children below 12. Call 6884-5967 for details.

● **IF YOU'RE LOOKING FOR KID-FRIENDLY INDIAN FOOD**, Zaffron Kitchen is the place to dine at. This chic eatery in Katong gives young customers the VIP treatment – order cards come with fun stickers and there's a well-thought-out children's play area (for ages seven and below) with quality furnishings and toys to play with. There's even a dedicated kids' loo, as well as nursing and diaper-changing facilities. The kids' meal, which costs \$6.50, includes a main dish (Dosai Meal with Chicken or Vegetables, or Masala Chicken Burger), a drink and ice cream. Mums and dads will like the fragrant Dum Chicken Briyani (\$10) and Zaffron Tandoori Platter (\$38, it feeds three or more). At 135/137 East Coast Road (opposite 112 Katong Mall, tel: 6440-6786).